



Rochester Area Community Update

The latest information for members of our local communities

September 2023

Mayo Clinic updates its Five-Year Plan in Rochester in preparation for Bold. Forward. Unbound. in Rochester



Mayo Clinic recently updated its Rochester five-year plan to reflect potential plans and building projects that are being proposed in the next several years as part of Bold. Forward. Unbound. in Rochester. For decades, Mayo Clinic has provided its five-year plan to the City of Rochester to update city leaders and the community about potential building projects Mayo Clinic proposes to undertake on its

downtown campuses. The five-year plan, most recently submitted in 2022 was updated to reflect Bold. Forward. Unbound. in Rochester.

Potential projects in this updated five-year plan include two new medical buildings, patient/visitor parking ramps, and ancillary facilities all designed to enhance the patient experience and treat more patients in need of expertise in serious and complex diseases.

In the coming weeks, Mayo Clinic will continue to meet with neighborhood and downtown stakeholders to share these potential plans and discuss their effect on Rochester's future. Mayo Clinic will present its five-year plan to the Rochester City Council in October for approval.

[Read](#) an editorial in the Post Bulletin.

Supporting local businesses: Food truck event returns in Rochester



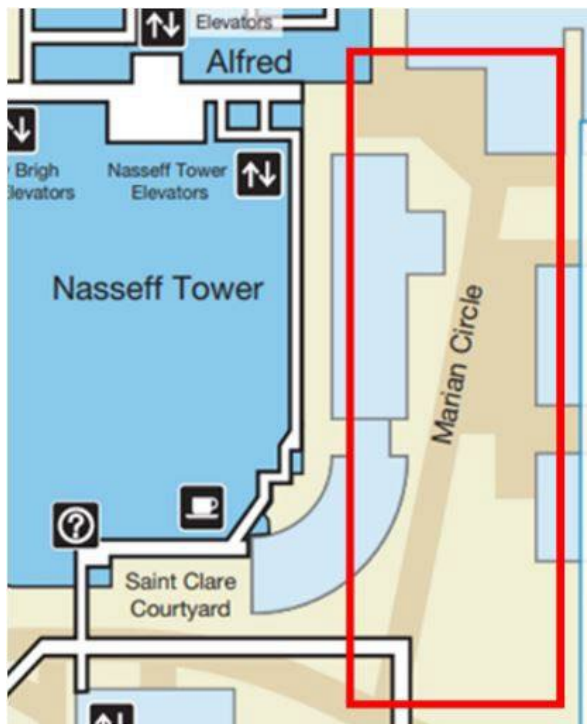
The Lot 31 Local Food and Goods Markets will return to the Saint Marys Campus in Rochester on Wednesdays this fall. Events will be held from 10:30 a.m. to 2:30 p.m. rain or shine.

The weekly events will feature local restaurants, food trucks and carts, and options to order ahead. There will also be music, local artists, lawn, board games, as well as

seating and space to relax.

This year, the event has been moved to accommodate construction near Lot 31 and will take place on Marian Circle, near Marian Hall.

See the map below for reference.



You can find the weekly vendor lineup and menus on the [Lot 31 Facebook page](#) or the [Lot 31 website](#).

Increasing connections with each other, community

The idea for Lot 31 at Marian Circle was inspired by the Mayo Clinic Nursing Council, Mayo Clinic Community Engagement and the Joy at Mayo Committee and was based on staff

feedback. After the success of last year's events, Hospital Administration partnered with the Department of Nursing to bring back the event.

"It's a way for Mayo Clinic staff to connect and support local businesses and hopefully drive customers to them," says [Erin Sexton](#), enterprise director of Community Engagement. "It's exciting to make this a 'look forward to' event."

The market will be held each Wednesday through Oct. 18.

Caring with compassion: Salvation Army, Mayo partner to provide healthcare to patients in need



When patients with diabetes come to the Good Samaritan Health Clinic, they often report that they ration their insulin, desperate to stretch what little they have to the end of the month.

"They're deciding between paying for their insulin and paying for their child to eat," says [Allison Ducharme-Smith, M.D.](#), an internal medicine physician at Mayo Clinic and the

medical director of Good Samaritan Health Clinic. "They shouldn't have to make those kinds of choices."

The Good Samaritan Health Clinic — operated by The Salvation Army and supported by volunteer staff from Mayo Clinic — is taking steps to change that.

The clinic offers patients the care and medication they need at no cost. With the guidance of Mayo's endocrinologists, patients also gain hope for a future not dominated by diabetes.

Nearly half of the clinic's patients are Hispanic or Latino — a group that faces more than double the prevalence of diabetes as non-Hispanic white people. Since they aren't eligible for health insurance, the clinic is one of their only options for healthcare outside of the emergency room.

Read the full story at [Community Engagement Our News](#).

Mayo Clinic on-site hiring event



copy of your resume to the event.

Whether you are a student, starting your professional life or already have a substantial career, you are invited to explore a life-changing career with Mayo Clinic. Join us for a casual and relaxed [hiring event](#).

Attendees will have the opportunity to explore career paths in a variety of fields, meet with hiring managers, interview for open positions, and receive on-the-spot job offers for select roles. Please bring a printed

Event Details

Location: [Hilton Rochester Mayo Clinic Area, 4th floor](#)

Date: Wednesday, Sept. 27

Time: Attend at your preferred time between 10 a.m. and 6 p.m.

Attire: Casual

[Read more](#) about what to expect and the opportunities available, and RSVP at the link.

Mayo Clinic expert answers questions about the new COVID-19 vaccine



Ahead of the fall respiratory virus season, the [Food and Drug Administration](#) (FDA) has approved two updated COVID-19 vaccines. The new messenger RNA, or mRNA, vaccines from Moderna and Pfizer/BioNTech are formulated to better target variants that are currently circulating and will replace outdated vaccines.

"The new vaccine that was just approved by the FDA is essentially a COVID vaccine targeting a different strain of the COVID virus than was in the original vaccine or in the bivalent vaccines that came out last year. It's still a COVID vaccine, but it's now targeting the XBB.1.5 strain, which has been the omicron-type virus that's been circulating throughout the U.S. and most parts of the world since the beginning of this year," says [Dr. Priya Sampathkumar](#), a Mayo Clinic infectious diseases expert.

[Read more](#) and [watch a video](#) with a Mayo Clinic expert answering questions about the new COVID vaccine.

September Plummer building lighting schedule

September 1	Ovarian cancer	Teal
September 10	Suicide prevention	Purple
September 11	Patriot Day	Red, white, blue
September 15	Lymphoma	Red
September 18	Substance use disorder	Purple
September 19	Stillbirth awareness, research and education	Pink and blue
September 22	Pulmonary fibrosis	Blue and green
September 26	Mesothelioma	Blue
September 30	Orange Shirt Day	Orange

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