



Rochester Area Community Update

The latest information for members of our local communities

March 2023

Below is information about the latest resources and support Mayo Clinic offers for our communities, our staff, and their families. Check the Centers for Disease Control and Prevention [website](#) for additional updates on COVID-19. [Read more](#) on COVID-19 from Mayo Clinic.

Dr. Anjali Bhagra shares Mayo Clinic approach to Equity, Inclusion and Diversity and Community Health Needs Assessment with Midwest United Way Leaders



On March 15, Anjali Bhagra, M.D., Mayo Clinic enterprise medical director of Equity, Inclusion and Diversity (EID), delivered the keynote address to over 300 United Way leaders from the Midwest, including Minnesota, Wisconsin, Ohio, Iowa, Michigan and Indiana. Dr. Bhagra shared that Mayo's EID mission is an integrated and collaborative effort within Mayo's Practice, Research, and Education shields. She highlighted the collaborative relationship Mayo Clinic

maintains among our community organizations serving in health and human services. Dr. Bhagra discussed Olmsted County's collaborative approach to developing its Community Health

Needs Assessment (CHNA). This year's CHNA is the fourth report since 2013 from a unique collaborative effort between Olmsted County Public Health Services (OCPHS), Mayo Clinic, Olmsted Medical Center (OMC), and other local community-based organizations, including the United Way of Olmsted County.

While the assessment continues to affirm that the health status of Olmsted County is very positive and compares favorably to Minnesota and the nation on many health indicators. It also shows that the community could do more in three key areas where disparities still exist for many residents. They include:

1. **Mental Health** (includes emotional, psychological and social well-being)
2. **Substance Use** (use of drugs including marijuana, opioids and more)
3. **Access to care** (timely use of health services to achieve the best health outcomes, including medical, dental and mental health care)

Finally, she emphasized the leading role community-based organizations play in working to improve the Social Determinant of Health (SDOH), including reducing poverty and improving access to education and housing. In the photo, Dr. Bhagra (left) was introduced by Rochester Mayor Kim Norton (right) and Jerome Ferson (center), executive director of United Way of Olmsted County.

People experiencing homelessness get needed care through Mayo and The Landing MN Collaboration



People experiencing homelessness in Rochester can get much-needed outpatient care thanks to a collaboration between Mayo Clinic — specifically, Mayo Clinic Alix School of Medicine and the Department of Medicine — and [The Landing MN](#), a day shelter in Rochester for people experiencing homelessness.

With two new clinical exam rooms at The Landing MN, residents at the facility can get their blood pressure checked and get routine physicals, medication refills, insurance verification and COVID-19 testing.

Mayo Clinic provided a \$150,000 capital grant to The Landing MN when it moved to a new location in November 2022 and launched a primary care clinic staffed by medical residents. The additional exam rooms are designed to provide primary care services to more people who need care.

The clinics are led by Casey Caldwell, M.D., an emeritus Mayo physician in Community Internal Medicine, and Luke Hafdahl, M.D., from Community Internal Medicine. In addition to leading the program, both physicians also provide care at the clinics.

"One of the goals of the internal medicine residency program is to become more embedded in the Rochester community," says Jack Mc Hugh, M.B., B.Ch., a chief medical resident for the

Internal Medicine Program. "These exam rooms are a safe space for folks to engage with the medical community. They offer an opportunity for our trainees to develop a deeper appreciation of the barriers associated with accessing care in our medical system."

Mayo Clinic Blood Donor Program launches new Bloodmobile



Blood donors have a new option for donating blood within the Rochester community. The Mayo Clinic Blood Donor Program recently launched its new Bloodmobile to hold public and private blood drives. Keep your eyes open for the Bloodmobile rolling to an area near you.

Maintaining Rochester's blood supply takes approximately 100 blood donors each day, but some will never set foot in the Mayo Clinic Blood Donor Center.

"The new Mayo Clinic Bloodmobile gives blood donors in our communities another opportunity to donate blood," says [Justin Juskewitch, M.D., Ph.D.](#), associate medical director of the Mayo Clinic Blood Donor Program.

The Mayo Clinic Bloodmobile has scheduled public and private blood drives throughout the community into spring. To learn more about the blood drives in the community, visit [Mayo Clinic's Blood Donor website](#). To schedule a blood donation appointment, call the Mayo Clinic Blood Donor Center today at 507-284-4475.

New Mayo Clinic Medical Equipment store opens in Rochester



The new Mayo Clinic Store in southwest Rochester hosted its grand opening on Feb. 16. This is Mayo Clinic's 17th store location and the first in Rochester to be off-campus, providing a more convenient option. A variety of products and services are offered, including walkers and mobility aids, urology supplies, compression garments, daily living aids, sleep aids, ostomy supplies, and Mayo Clinic logo merchandise. The new Mayo Clinic Store accepts Medicare Part B, Medicare Advantage plans, Minnesota Medicaid and most commercial insurance plans. The Mayo Clinic Store is in the Crossroads Shopping Center at 1201 Broadway Ave S, Suite 36.

Walz, DEED commissioner, Mayo chief financial officer tout business development at Rochester Area Economic Development Inc.'s annual meeting

On March 1, Gov. Tim Walz and Steve Grove, the outgoing Department of Employment and Economic Development (DEED) commissioner, spoke before the annual meeting of Rochester Area Economic Development Inc. (RAEDI). The governor praised Rochester and Mayo Clinic as

national and international models for private, public and nonprofit collaboration to attract businesses and workers. Grove discussed DEED's ongoing work with Destination Medical Center to bring diverse businesses to Rochester.

Mayo was a presenting sponsor for the gathering of over 200 Rochester business and community leaders as well as public officials. Dennis Dahlen, Mayo Clinic chief financial officer, provided remarks applauding local businesses and entrepreneurs for their perseverance and innovation throughout the pandemic and highlighted RAEDI's efforts to grow and diversify the local economy, including opening the new Economic Development Center with support from Mayo.

Mobile Mammography Unit meets patients where they're at

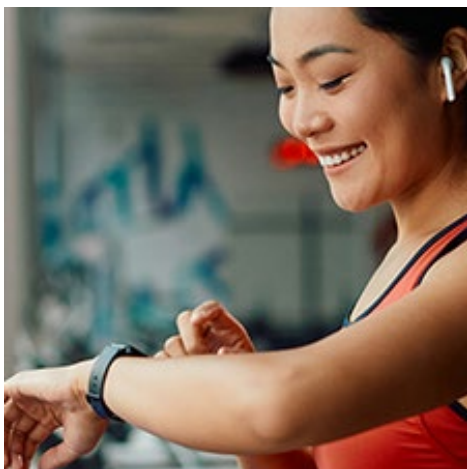


The Mayo Clinic Health System Mobile Mammography Unit eliminates the challenge of access by bringing the clinic to patients. On March 4, that meant taking the unit on the road to Minneapolis, where it made two stops. First, at the North Community YMCA in Minneapolis, where staff performed 10 screening mammograms. Then to the Target Center to participate in the Big Ten's Breast Cancer Awareness promotion during the Big Ten Women's Basketball Tournament. Visitors could tour the Mobile Mammography Unit and learn more about breast

cancer screening. The two-stop tour was made possible thanks to a collaboration among Mayo Clinic, Mayo Clinic Health System, and community groups, including Sage, Minnesota's cancer screening program.

"My heart is full because this event was a true testament to the magnitude of what can be accomplished through collaborative partnerships," says Dominique Smith, a Mayo Clinic Health System Department of Radiology supervisor. "It really was our Mayo mission and vision in action."

March is national Sleep Awareness Month



If you haven't already, register to join Mayo Clinic Health System's [Journey to Wellness](#). This month, sleep has the spotlight. Sleep is essential to good health and one of the body's basic needs. Journey to Wellness is a free, yearlong program. You use the provided resources and activities, choosing those important to you and completing them on your schedule. Whether you are using Journey to Wellness for your own health, or within your place of employment, this program complements existing work site wellness initiatives or can be used as the framework if you are just starting out.

Register now for [Journey to Wellness](#), an online toolkit with refreshed monthly themes focusing on healthy living.

Rochester Community Contribution Program Q1 Grant Recipients

Goodwill Industries	Project Legacy
Girl Scouts River Valley	Community Dental Care
Rochester Area Foundation	Ability Building Center
Sing Out Loud	Collider Foundation
John Marshall Booster Bands	Three Rivers Community Action Network
Girls on the Run Twin Cities	Minnesota Orchestral Association
Med City Arts Festival	Girl Scouts of Minnesota
Rochester Public Schools First Robotics	Family Service Rochester
Special Olympics Polar Bear Plunge	Rochester Art Center
Med City Mafia Roller Derby	Elder Network
Philoxenia Charities	Rochester Civic Music
American Red Cross	Docs Recovery House
Rochester Sports Foundation	Minnesota Assistance Council for Veterans
Jeremiah Program	Barbershop and Social Services
Community Food Response, Inc.	Saint Paul Chamber Orchestra Society
Minnesota Council of Nonprofits	Honors Choirs of SE MN
	Greater Rochester Advocates for Universities and Colleges

March Plummer building lighting schedule

March 3	Triple Negative Breast Cancer	Pink
March 7	Colorectal Cancer	Blue
March 15	World Delirium Day	Green/Blue
March 16	National Patient Safety Awareness Week	Blue
March 31	Transgender Day	Multicolor

To stop receiving this newsletter, please contact mahoney.leah@mayo.edu.